

Think Like a Planner Worksheet

Taking action builds confidence and puts you on a path to achieve your goals. Follow this list of actions to think like a planner, set yourself up for success, and make things happen in your life.

1. Create **one** visual of your goals that you can reference daily to stay focused.
2. Identify at least **one** task that doesn't support your goals and let it go.
3. Identify **one** way to eliminate obstacles.
4. Identify **one** way to add structure to your daily routine **that works for you**.
5. Identify **one** application that you can use to organize your tasks.
6. Identify **one** 20-30-minute time block at the end of each day to "plan forward."
7. Identify **one** way to practice awareness daily.
8. Identify **one** task that will allow you to practice discipline and consistency daily.
9. Identify at least **one** person who can be your "cheerleader."
10. Identify **one** inspiring quote that you reference daily to stay motivated.

